



# PARK LIFE FOCUS GROUPS

When we talk about parks, we mean big parks, small parks, skate parks, sports pitches, playing field, pump tracks, recreation grounds and any bits of green space that you found to play on!

## Open Questions

Age
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### ***If you went to parks when you were little...***

Who did you go with?
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What did you do in the park?
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How did going to the park make you feel?
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Were there bits of the park you really liked? What were they and why did you like them?
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Were there parks or bits of park you didn't like or avoided? Why?
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### ***Now you are a teenager, if you do still go to the park...***

How far is it to the park you like? How do you get there?
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How often do you go to the park?
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What do you do in the park?
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Why do you go to the park?
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Do you go on your own or with people? If you go with people, who and why do you go with them?
What sort of things do your local parks have ( eg playgrounds, sports courts, BMX tracks, shelters, skateparks, zip wires, swings, hammocks, places to hang out, other)?
Do you use any of these things, and if yes, why? If you don't use some of the thing, why not?
Would you like to go on your own but don't? Why?
How does going to the park make you feel?- what are the best bits?
Are there parks near you or bits of your local park that you don't like or you try to avoid? Why?

**If you don't go to the park any more...**

If you don't go to the park any more, why do you think you don't go?
Do you know what sort of things are at your local park ( eg playgrounds, sports courts, BMX tracks, shelters, skateparks, zip wires, swings, hammocks, places to hang out, other)?
Can you think of anything that would make you more likely to go to the park?

**Agree/disagree questions**

	Strongly Agree	Agree	Disagree	Strongly Disagree
I hang out with my female friends in local parks a lot				
I hardly ever go to my local park				
I feel like I belong in my local park				
I feel like my local park is for other people, not really for me				
My parents encourage me to go outside and play in the local park				
My parents don't like me going to the local park				
I think adults expect teenage boys to play more in parks than teenage girls				

	Strongly Agree	Agree	Disagree	Strongly Disagree	Don't go to parks
My local park looks like people thought about the needs of teenage girls when they designed it					
There is stuff for me to do when I go to my local park					
There is nothing for teenagers to do in my local park					
There is loads of stuff for teenage girls in my park					
There is stuff for boys to do but not much for girls to do in my local park					
I always feel safe in my local park					
There are good toilets in my local park					
Sometimes I feel intimidated in a park by a group of boy in my local park					
Sometimes in a park, boys and men shout stuff at me/my friends that I dont like					
If boys are playing football, basketball etc., they usually move over so that me and my friends can also use the space for stuff we want to do					



***This is a Multi Use Games Area or MUGA***

	Strongly Agree	Agree	Disagree	Strongly Disagree	Don't go to parks
I see a lot more boys than girls using the MUGAs round where I live					
If me and my friends ask boys on the MUGA to move over a bit, so we can play on the MUGA, they generally do					
If there are boys already on the MUGA, I wont ask them to make space for me and my friends					
If there are boys already on the MUGA, I'll generally find somewhere else to play					
It can be intimidating going into a MUGA, even if you know some of the boys there					
If there are boys playing on the MUGA, they are happy to include girls in their game					



**Skateboarding, long boarding, roller skating, roller blading, scootering, biking, BMXing...  
all the "stuff on wheels"**

	Skateboard	Long board	Scooter	Roller skate/blade	Bike/BMX	None of these
I used to do the following "stuff on wheels" before I was a teenager						
How good would you say you were? <b>1</b> I was good <b>2</b> I was ok <b>3</b> I enjoyed it but wasn't very good						
I regularly do the following "stuff on wheels" now						
How good would you say you were? <b>1</b> I am good <b>2</b> I'm ok <b>3</b> I enjoy it but am not very good						

	Strongly Agree	Agree	Disagree	Strongly Disagree	Don't do stuff on wheels
I hang out at the skatepark but I don't do any "stuff on wheels"– I feel more comfortable watching and chatting					
I use the local skatepark to do "stuff on wheels"					
I am fine using the skatepark if there are lots of boys there					
I don't feel comfortable using the skatepark if there are lots of boys there					
I try to time my visits to the skateparks so I go when it is quiet					
Sometimes boys hassle me and make me feel like I shouldn't be on the skatepark					
Sometimes boys make me feel welcome at the skate park					
Boys on the skate park are really encouraging and help me enjoy the stuff I do on wheels"					
Sometimes I think the boys on the skate parks think the space is "theirs" and they don't want us there"					

## **Free Space**

***How should parks be made more welcoming to teenage girls?  
(write, draw, doodle, whatever)***

### **Contact details:**

Make Space for Girls may want to get in touch with you about your ideas.  
You do not have to give us this information, we will not use your details for any other purpose.

